

FALLSTON RECREATION COUNCIL
10 WEEK 2015 WINTER YOGA SESSION

taught by

Tom Trafton RYT-200 & Kripalu-200 Yoga Teacher

Tuesdays 5 & 6:30

January 6th to March 10th

Wednesdays 5 & 6:30

January 7th to March 11th

Thursdays 5:30

January 8th to March 12th

Register for one class per week for \$85/person.

Register and pay on-line or register on-line and
bring a check to the first class.

<https://fallstonrec.sportssignup.com>

For more information contact:

Debbie (dbrown5819@verizon.net) or

Tom (yogitom@ymail.com)